



5.1.4

Annual report of the committee monitoring the activities and number of grievances and redressed to proof timely redressal of the grievances:-

The actions and achievements of St. Wilfred's College of Arts, Commerce, and Science's Grievance Committee, Internal Complaint Committee, and Anti-Ragging Committee are detailed in this yearly report. These committees are essential to preserving an inclusive, courteous, and safe environment on college property.

Anti-Ragging Committee:

The Anti-Ragging Committee did not let up in stopping or dealing with ragging instances. For incoming and current students, we planned workshops, orientation sessions, and awareness campaigns. There were no documented ragging occurrences throughout the year, demonstrating the safe and supportive environment on campus.

Grievance Committee:

Grievance Committee members actively handled issues brought up by staff, professors, and students. The complaints that were received covered a wide range of topics, including facilities, academics, and interpersonal relationships. These complaints were settled in the allotted period, guaranteeing prompt resolution and encouraging an environment of candid conversation.

Internal Complaint Committee:

The Internal Complaint Committee kept up its efforts to guarantee a school free from harassment. It held training courses and awareness campaigns on gender equality and harassment avoidance. Effective resolution of these ensured everyone's safety and dignity, including the campus community.



ACTIVITYREPORTOFICCANDANTIRAGGING

ACTIVITYREPORT	
NameOfActivity	Awarenesscampaignon WomenAndTheirLegalRights
Session	2018
Organized By	WomenCell\ICC
FacultyCoordinator	Dr. Nausheen Baig, Ms. Jayshree Saxena
StudentParticipation	Approx. 40 students
EventSummary	<p>Introduction:</p> <p>To empower women and inform them of their legal rights, the Women's Cell/Internal Complaints Committee (ICC) of [St. Wilfred's College of Arts, Commerce, and Science] launched an awareness campaign. This campaign aimed to educate people on the value of women's rights, enlighten them on relevant laws, and foster a feeling of empowerment among the female employees of our company.</p> <p>Goals:</p> <p>The following were the awareness campaign's main goals:</p> <ol style="list-style-type: none">1. To inform women of their entitlements and legal rights.2. To raise awareness of harassment and discrimination based on gender.3. To encourage an inclusive and gender-equal culture inside the company.4. To give women the confidence to confront harassment and discrimination in all its forms. <p>Activities:</p> <ol style="list-style-type: none">1. Workshops and Seminars: To kick off the campaign, a number of workshops and seminars led by campaigners for gender equality and legal professionals were held. These seminars addressed issues including women's legal rights, domestic abuse, sexual harassment, and discrimination in the workplace. Participants have the chance to pose queries and get any doubts about these matters cleared out.2. Informational Pamphlets: Participants received informative pamphlets and brochures that included vital details about laws pertaining to women's rights, how to file complaints, and where to find resources for legal help.3. Interactive Sessions: To promote candid conversations about gender issues, obstacles women encounter, and methods for empowerment,



interactive sessions were planned. Participants were able to learn from one another and share their experiences throughout these sessions.

4. **Legal Aid Clinic:** To offer support to women in need of legal representation, a legal aid clinic was established. Skilled attorneys were on hand to provide guidance and assistance with legal matters.
5. **Awareness Walk:** To represent harmony and the dedication to gender equality, an awareness walk was planned inside the organization's grounds. Participants held placards with words and phrases that were empowering.





ACTIVITYREPORT

NameOfActivity	WomenAndSafetySkillsProgramme
Session	2018
Organized By	WomenCell\ICC
FacultyCoordinator	Dr. Nikita Mathur
StudentParticipation	Approx.50 Students
EventSummary	<p>Introduction: To promote women's safety and equip them with skills necessary for today's world, the Women's Cell/Internal Complaints Committee (ICC) of [St. Wilfred's College of Arts, Commerce and Science] carried out an extensive awareness campaign. The goal of this campaign was to give women the information and resources they needed to improve their abilities and prosper in today's world, while also addressing the urgent concerns surrounding women's safety.</p> <p>Goals: The following were the awareness campaign's main goals:</p> <ol style="list-style-type: none">1. To increase awareness of the issues surrounding women's safety in diverse settings.2. To offer helpful advice and pointers on individual protection and safety.3. To inspire women to acquire the critical abilities needed for both career and personal advancement.4. To encourage women to be independent and self-assured in the contemporary World. <p>Actions:</p> <ol style="list-style-type: none">1. Safety seminars: Personal safety and self-defense specialists conducted safety seminars to kick off the campaign. Topics including cyber safety, self-defense tactics, and situational awareness were addressed in these sessions. In a secure and supervised setting, participants could practice physical self-defense methods.2. Awareness Sessions: Educational seminars were held to discuss a range of safety issues, such as cyber bullying, domestic abuse, and harassment at work. The significance of identifying early warning indicators and getting assistance when necessary was stressed during these sessions.3. Workshops on Skill Development: To assist women in improving their aptitude in a variety of domains, including digital literacy, communication skills, financial literacy, and business ownership. The goal of these seminars was to enable women to succeed.4. job counsel: To help women pursue their goals and make educated job decisions, career counsel workshops were held. Experts in the field offered advice on networking, career planning, and personal branding.5. Resource Distribution: Participants received informational booklets and



resources that included resources for skill development, safety advice, and contact details for support agencies.

Results: The awareness campaign conducted by the Women's Cell/Internal Complaints Committee produced the following results:

1. **Enhanced Awareness:** Attendees acquired a more acute understanding of safety hazards and acquired useful techniques to safeguard oneself in diverse circumstances.

2. **Enhanced talents:** In the modern world, women can succeed both personally and professionally by developing new talents and honing those they already had.

3. **Empowerment:** By providing women with the information and resources they need to meet the difficulties of today's world, the campaign promoted independence and self-assurance.

4. **Inspiration:** Many women reported feeling redoubled in their will to succeed in their chosen industries, and they were encouraged to establish and achieve lofty goals.

In conclusion, there was a notable success in the Women's Cell/Internal Complaints Committee's awareness campaign on women's safety and skill development. It addressed important safety-related topics for women and offered insightful information and useful skills for advancing one's career and personal life. We are steadfast in our resolve to uplift and empower women both inside our company and in society at large as we go forward. We would like to express our gratitude to all of the volunteers, guest lecturers, and participants who helped make this campaign a success.





ACTIVITYREPORT

NameOfActivity	Guestlecture
Session	2019
Organized By	WomenCell/ICC
FacultyCoordinator	Aparna Jaware More
StudentParticipation	Approx.80 Students
EventSummary	<p>The St. Wilfred's College of Arts, Commerce, and Science's Women's Cell/Internal Complaints Committee (ICC) hosted a thought-provoking guest lecture on the topic of women's empowerment, emphasizing the obstacles that women encounter and how to overcome them. The presentation explored the intersections of gender with other aspects like race, ethnicity, and socioeconomic class in addition to shedding light on common challenges such as gender discrimination, stereotypes, and cultural norms.</p> <p>Goals: The following were the main goals of the guest lecture:</p> <ol style="list-style-type: none">1. To increase public awareness of the obstacles women face on their path to empowerment.2. To offer perceptions into methods for getting above barriers connected to gender.3. To promote a better comprehension of the ways in which a variety of characteristics, such as socioeconomic position, race, and ethnicity. <p>Important Topics Covered:</p> <ol style="list-style-type: none">1. Gender Discrimination: The speaker emphasized how common gender discrimination is in many areas of life and talked about how it hinders women's advancement. Techniques for identifying and2. The topic of combating discrimination was covered.3. Preconceptions: Negative gender preconceptions that frequently restrict women's chances and potential were discussed throughout the lecture. It was encouraged of the participants to confront and transcend these preconceptions.4. Cultural Norms: Customs and norms that may prevent women from achieving their full potential were examined. The speaker promoted constructive transformation while stressing the value of cultural sensitivity. <p>Results: Following the guest talk on women's empowerment, the following happened:</p> <ol style="list-style-type: none">1. Awareness and Understanding: Participants developed a greater awareness of the difficulties faced by women and the significance of resolving issues connected to gender.2. Empowerment: Women were motivated to take charge of their life and make a fresh effort to achieve empowerment.3. Awareness of Inter sectionalist: The notion of inter sectionalist was



emphasized, prompting participants to contemplate the distinct obstacles encountered by individuals with varied backgrounds.

4. Call to Action: Participants pledged to fight stereotypes, discrimination based on gender, and cultural norms in their communities and places of employment.

In conclusion, the guest presentation by the Women's Cell/Internal Complaints Committee on women's empowerment and overcoming obstacles was thought-provoking and educational. It was successful in drawing attention to the barriers that stand in the way of women's advancement and motivating attendees to take action. We will build on the knowledge from this talk as we push forward with our initiatives to empower and assist women in order to establish a more welcoming and equal workplace.





ACTIVITYREPORT

NameOfActivity	GuestlectureonGender equality
Session	2019
Organized By	WomenCell/ICC
FacultyCoordinator	Ms.Pratiksha Patil
StudentParticipation	Approx.60 Students
EventSummary	<p>The Women's Cell/Internal Complaints Committee (ICC) of [St. Wilfred's College of Arts, Commerce and Science] hosted a guest lecture with the aim of showcasing the latest data and statistics regarding gender differences in a number of crucial domains, such as politics, employment, education, and violence against women. The significant effects of gender disparity on social advancement and economic prosperity were also covered in detail in the talk.</p> <p>Goals: The following were the main goals of the guest lecture:</p> <ol style="list-style-type: none">1. To share current statistical data on gender differences in important industries.2. To demonstrate how gender inequality affects social and economic advancement.3. To draw attention to how urgent it is to rectify these differences <p>Important Topics Covered:</p> <ol style="list-style-type: none">1. Gender Disparities in Education: The talk started out by pointing out how differently women and girls can obtain high-quality education. The gender disparity in enrollment, literacy, and access to higher education was demonstrated by the current statistics that were provided.2. Gender Disparities in Employment: The guest speaker talked on the difficulties women have in obtaining leadership positions in the workplace, the gender wage gap, and occupational segregation. Data revealed differences in pay and possibilities for career progression.3. Gender Disparities in Politics: The lecture focused on how few women there are in positions of political authority, both locally and nationally. The gender gap in political participation and decision-making was demonstrated by statistical evidence.4. Violence Against Women: Startling data was showcased regarding violence against women, encompassing sexual harassment and domestic abuse. The serious effects of this kind of assault on women's physical and mental health were emphasized in the presentation.5. Impact on Social Development and Economic Growth: The guest speaker talked about how gender differences impede social development and have a detrimental impact on economic growth. The research results were presented to show how economic success and general well-being can be enhanced by gender equality. <p>Outcomes: Following the guest lecture on gender inequality and its effects on social and economic advancement, the following happened:</p>



1. **Raised Awareness:** Participants acquired a thorough grasp of the scope and ramifications of gender inequality across a range of industries.
2. **Call to Action:** The talk motivated attendees to support efforts and legislative modifications meant to lessen gender inequality and advance equality.
3. **Empowerment:** The audience's female members pledged more fervently to smash stereotypes in both their personal and professional spheres.
4. **Knowledge Sharing:** After the talk, attendees had access to insightful statistical information that they could utilize to guide conversations and projects at work and in their communities. **In conclusion**, the guest presentation by the Women's Cell/Internal Complaints Committee on gender gaps and their effects on social and economic development was enlightening. It emphasized the advantages of attaining gender equality and emphasized how urgent it is to resolve these gaps. Our organization will always be committed to advancing gender equality and eliminating discrimination based on gender in all areas of life.





ACTIVITYREPORT

NameOfActivity	Guestlectureon Gender Based-Discrimination
Session	2021
Organized By	WomenCell/ ICC
FacultyCoordinator	Dr. Nikita Mathur
StudentParticipation	Approx.40 Students
EventSummary	<p>Introduction: An important presentation on gender-based discrimination was given by a guest speaker at [St. Wilfred's College of Arts, Commerce and Science] by the Women's Cell/Internal Complaints Committee (ICC). The purpose of this presentation was to increase awareness of gender-based discrimination, its impact on both individuals and society, and successful tactics for combating it.</p> <p>Goals: The following were the main goals of the guest lecture:</p> <ol style="list-style-type: none">1. To inform participants of the several ways that prejudice based on gender manifests itself.2. To draw attention to the harmful effects that discrimination based on gender has on both individuals and communities.3. To offer tactics and resources to counter and end discrimination based on gender. <p>Important Topics Covered:</p> <p>Recognizing Gender-Based Discrimination: The presentation started out with a thorough explanation of what gender-based discrimination comprises. It clarified that it refers to discrimination or unfair treatment of people based on their gender identity or gender.</p> <p>2. Types of Discrimination: A variety of gender-based discrimination was examined, encompassing, but not restricted to, sexual harassment in the workplace, gender-based violence, and uneven access to healthcare and education.</p> <p>3. Impact on People and Society: The guest speaker stressed the serious negative effects that gender-based discrimination has on people's physical, mental, and emotional health. It was also mentioned how this kind of discrimination impedes the advancement of society and maintains inequity.</p> <p>4. Legal Structure and Defenses: A summary of international and national laws and rules designed to stop and deal with discrimination based on gender was given. It was encouraged of the participants to be aware of their legal rights and options.</p> <p>5. Techniques to Fight Discrimination: Useful tactics and resources for overcoming discrimination based on gender were provided. These included pushing for legislative changes, encouraging diversity and inclusion, and cultivating a culture of gender equality.</p> <p>Results: Following the guest lecture on gender-based discrimination, the</p>



following things happened:

1. **Raised Awareness:** Participants' comprehension of the different types and expressions of prejudice based on gender has deepened.
2. **Empowerment:** After the talk, attendees felt more knowledgeable and equipped to deal with discrimination in both their personal and professional life.
3. **Call to Action:** The talk motivated attendees to actively oppose discriminatory behaviors in their communities and places of employment and to become champions for gender equality.
4. **Networking:** By giving attendees a forum to interact and exchange stories, the event promoted a feeling of camaraderie among people committed to ending gender-based discrimination.

In conclusion, the guest talk on gender-based discrimination was an important occasion that illuminated a widespread problem impacting people and society all over the world. It gave participants the information and resources they needed to successfully identify, confront, and resist discrimination based on gender. Our group is still dedicated to advancing gender parity and getting rid of prejudice in all its manifestations.





ACTIVITYREPORT

NameOfActivity	PosterMakingCompetition On Stop Violence
Session	2021
Organized By	WomenCell/ICC
FacultyCoordinator	Ms.Tapasya Patil
StudentParticipation	Approx.50 Students
EventSummary	<p>Anti-Ragging Cell held a poster-making competition to end violence. Finding the core Causes: The poster's theme examined how societal norms and cultural elements can reinforce violence while identifying common core causes of violence, such as poverty, inequality, prejudice, and lack of access to education.</p> <p>Community Involvement: The posters highlighting several topics emphasized the significance of community involvement in preventing violence.</p> <p>In this competition, more than fifty youngsters showed off their abilities.</p>





ACTIVITYREPORT	
NameOfActivity	Debatecompetition
Session	2022
Organized By	WomenCell/ICC
FacultyCoordinator	Ms. Sarita Hemant Tambe
StudentParticipation	Approx.50 students
EventSummary	<p>The St. Wilfred's College of Arts, Commerce, and Science Anti-Ragging Cell successfully held a poster-making competition with the topic "Stop Violence." The purpose of this event was to inspire participants' creative expression and to increase awareness of the significance of stopping violence in our society, especially in educational institutions. Goals: The following were the main goals of the poster-making competition:</p> <ol style="list-style-type: none">1. To raise consciousness of the negative consequences of violence in schools.2. To inspire participants and kids to use art to convey their opinions about ending violence.3. To involve the community in conversations and activities meant to make the workplace safer. <p>Rules of the Competition: 1. The poster's theme was "Stop Violence," and contestants were urged to use creativity and critical thinking in their designs.</p> <ol style="list-style-type: none">2. A variety of art supplies, including as paints, markers, pencils, and digital tools, were available to participants.3. All submissions have to be unique and express a strong disapproval of violence.4. The creative element, thematic relevancy, artistic ability, and overall impact were all considered in the assessment process. <p>Results: The Anti-Ragging Cell's poster-making competition on "Stop Violence" produced the following results:</p> <ol style="list-style-type: none">1. Raised Awareness: The event was successful in increasing awareness of the detrimental effects of violence and the necessity of fostering a peaceful and safe atmosphere within the company.2. Creative Expression: Participants were given the chance to use artistic and creative mediums to convey their opinions about ending violence.3. Community Building: By motivating instructors, staff, and students to collaborate to achieve a common objective, the competition promoted a



sense of community among them.

4. Empowerment: Participants felt that they could speak out against violence and make a positive difference in the calm and decorum of the campus.

In conclusion, the Anti-Ragging Cell's poster-making competition on "Stop Violence" was an important and memorable occasion. It made a strong statement against violence while skillfully fusing artistic expression, making the learning atmosphere safer and more welcoming. As a group, we're still dedicated to fostering an environment free from violence and cultivating a respectful, compassionate culture on campus.

We would like to express our gratitude to all of the competitors, judges, and organizers who helped to make this tournament a success.





ACTIVITYREPORT	
NameOfActivity	Guestlectureonpreventionofsexualharassment
Session	2022
Organized By	WomenCell/ICC
FacultyCoordinator	Ms. Rajshree Mahatre
StudentParticipation	Approx.50 Students
EventSummary	<p>Introduction: [St. Wilfred's College of Arts, Commerce and Science] Women's Cell/Internal Complaints Committee (ICC) hosted an insightful guest talk on sexual harassment prevention. The purpose of this presentation was to educate the students on the significance of identifying and combating sexual harassment in educational environments.</p> <p>Goals: The following were the main goals of the guest lecture:</p> <ol style="list-style-type: none">1. To inform students of the different types of sexual harassment.2. To educate students on sexual harassment reporting and resolution methods, as well as their rights.3. To encourage an atmosphere of safety and decency inside the organization. <p>Important Topics Covered:</p> <ol style="list-style-type: none">1. Comprehending Sexual Harassment: The talk started out by defining the term and outlining the several manifestations of it, such as physical, verbal, and nonverbal harassment.2. Recognizing Harassment: The speaker talked about how to spot potential cases of sexual harassment, stressing the value of understanding one's rights and boundaries.3. Rights and Reporting processes: Students were made aware of their reporting processes for incidences of sexual harassment as well as their rights in such cases. The presentation outlined the ICC's responsibility for managing complaints and maintaining privacy. <p>Results: Following the guest presentation on sexual harassment prevention for student awareness, the following happened:</p> <ol style="list-style-type: none">1. Raised Awareness: Pupils developed a better comprehension of what sexual harassment is and how serious it is.2. Empowerment: After learning about their rights and the



protocols for reporting harassment, attendees departed the presentation with a sense of empowerment.


3. Safe Environment: The talk helped the university establish a more polite and safe learning atmosphere.

4. Call to Action: Students stated that they will work to raise awareness and stop sexual harassment among their peers.

In conclusion, the guest lecture on sexual harassment prevention by the Women's Cell/Internal Complaints Committee was an important and educational occasion. Students were effectively taught about their rights and the need of identifying and combating sexual harassment. We will expand on the knowledge presented in this lecture as we work to maintain a polite and safe learning environment.





ACTIVITYREPORT	
Event	OpenDiscussiononRaggingforfirstyearandsecondyearstudents
Organized By	Anti-RaggingCommittee
Activity	RaggingIsACrime
Coordinator	Dr. Avinash Jumare,Ramdas Damu Ruthe
Report	<p>The St. Wilfred's College of Arts, Commerce, and Science Anti-Ragging Committee arranged an open debate in which a spokesperson was invited to speak with first- and second-year students about the issue of "Ragging Is A Crime." The purpose of this event was to give students a forum to voice their concerns about ragging on campus and to collect ideas for how to stop and avoid it.</p> <p>Goals: The following were the main goals of the open discussion:</p> <ol style="list-style-type: none">1. To educate pupils on the seriousness of ragging and the legal ramifications of it.2. To provide students a chance to express their thoughts and worries about ragging on campus.3. To have a productive conversation with kids in order to get ideas on how to stop and avoid ragging. <p>Important Topics Covered:</p> <ol style="list-style-type: none">1. Understanding Ragging: [Spokesperson's Name] started off by giving students a thorough explanation of what ragging is, as well as the physical, emotional, and mental harm it may do.2. Legal Repercussions: The speaker talked about the legal ramifications of ragging, including possible criminal prosecutions and disciplinary measures that can be applied to those who engage in ragging.
	



ACTIVITYREPORT	
Event	WorkshopOnStressManagement fornewcomers
Organized By	Anti-RaggingCommittee
Activity	Workshop
Coordinator	Dr. Avinash Jumare
Report	<p>Introduction: To assist newcomers in navigating the difficulties and changes that come with joining our organization, the [St. Wilfred's College of Arts, Commerce, and Science] arranged a stress management session especially for them. The goal of the course was to give newcomers useful coping skills and methods so they could handle stress and adapt well to their new surroundings. Goals: The following were the main goals of the newbie stress management workshop:</p> <ol style="list-style-type: none">1. To familiarize newcomers with the idea of stress and how it could affect their health.2. To offer useful methods and strategies for controlling and lowering stress.3. To establish a friendly and encouraging atmosphere where newcomers can interact and exchange stories. <p>WorkshopContent:</p> <ol style="list-style-type: none">1. Understanding Stress: The first part of the program covered what stress is, why it occurs, and how it can impact both mental and physical health. It was encouraged of the participants to consider their personal experiences with stress.2. Stressor Identification: During their transition into the organization, new hires received guidance on recognizing certain stresses such adjusting to a new work environment, meeting performance standards, and managing work-life balance.3. Coping Strategies: Useful stress-reduction methods were presented, such as mindfulness exercises, deep breathing exercises, time-management tactics, and efficient communication methods.4. Developing Resilience: In order to manage stress more effectively, the program placed a strong emphasis on developing resilience. Participants gained knowledge about tools and activities for enhancing resilience. <p>Results: The following were the outcomes of the stress management session for newcomers:</p> <ol style="list-style-type: none">1. Raised Awareness: Newcomers developed a better comprehension of stress, its origins, and how it affects their health.2. Practical Skills: Participants gained knowledge about and experience with doable stress-reduction strategies that they may use on a daily basis.3. Peer Support: By fostering relationships between newcomers, the program



created a network of support where people could exchange strategies and experiences.

4. Better Well-Being: After the program, participants felt more empowered and had the skills necessary to properly handle and lessen stress.

In conclusion, the newcomer stress management workshop was a worthwhile endeavor that gave them the tools and encouragement they needed to overcome the obstacles of adjusting to life in our company. It highlighted the organization's dedication to members' welfare and the significance of fostering a friendly and encouraging atmosphere.

We are grateful to all of the newcomers who attended this event and to the facilitators for sharing their knowledge.





ACTIVITYREPORT	
Event	“RaggingAndIts ImpactOnStudents”forsecondyearstudents
Organized By	Anti-RaggingCommittee
Activity	DebateCompetition
Coordinator	Dr. Anirudha Rishi
Report	<p>Introduction: [St. Wilfred's College of Arts, Commerce, and Science] Anti-Ragging Committee hosted an engaging debate competition with the theme "Ragging and Its Impact on Students." The competition was created especially to give second-year students a forum to voice their thoughts and have a productive conversation about this important topic.</p> <p>Goals: The following were the debate competition's main goals:</p> <ol style="list-style-type: none">1. To inspire second-year students to share their thoughts and understandings regarding the subject of ragging.2. To encourage a constructive and knowledgeable dialogue on the negative effects of ragging on students' emotional and physical health.3. To encourage critical thinking and raise awareness of the negative effects of ragging in the educational community. <p>Results:</p> <p>The following were the outcomes of the debate competition on "Ragging and Its Impact on Students":</p> <ol style="list-style-type: none">1. Informed perspectives: When it came to the topic of ragging, second-year students showed that they have critical thinking abilities and well-informed perspectives.2. Awareness: The competition increased people's understanding of the negative effects of ragging and the necessity of taking preventative action.3. Discussion and Dialogue: Students were inspired to engage with the topic more deeply by the event's facilitation of an honest and productive dialogue.4. Promotion of Responsibility: Participants pledged to be accountable members of the academic community and acknowledged their part in stopping and dealing with instances of ragging. <p>In conclusion, the debate tournament inspired second-year students to</p>



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investigate the effects of ragging on their peers and the academic setting. It was a significant and thought-provoking occasion. It emphasized how critical it is to deal with this matter and how students may help foster a respectful and safe campus environment.



Where the mind is without fear! where the head is held high!



ACTIVITYREPORT	
Event	OpenDiscussionfortheirstyearstudents
Organized By	Anti-raggingcommittee
Activity	PsychologicalCounselingforstudents
Coordinator	Dr. Anirudha Rishi
Report	<p>Introduction: To give first-year students mental support and to create a stress-free and helpful atmosphere, the Anti-Ragging Committee of [St. Wilfred's College of Arts, Commerce and Science] arranged a psychological counseling session. The goal of this program was to support students' mental health as they adjusted to life in college.</p> <p>Goals: The following were the main goals of the psychological counseling session:</p> <ol style="list-style-type: none">1. To provide first-year students with a private, secure environment in which to talk about their worries.2. To offer students psychological support and direction in order to assist them deal with the difficulties of college life.3. To encourage a calm and encouraging campus atmosphere. <p>Important Topics Covered:</p> <ol style="list-style-type: none">1. Transitional Difficulties: Students were invited to discuss their experiences and difficulties making the move from high school to college. Common issues were covered, including homesickness, social adjustment, and academic pressure.2. Stress Management: Useful coping mechanisms and stress-reduction tactics were discussed. These included time management, deep breathing exercises, and reaching out to others for support.3. Developing Resilience: It was highlighted how crucial it is to develop resilience in order to manage both personal and academic difficulties. The importance of resilience in preserving mental health was taught to the students.4. Mental Health Awareness: The goal of the program was to lessen the stigma associated with mental health problems and to motivate students to get treatment when they need it. Details about the college's resources for mental health were given. <p>Outcomes: The psychological counseling session for first-year students resulted in the following outcomes:</p> <ol style="list-style-type: none">1. Increased Awareness: First-year students gained a deeper understanding of the challenges they may face



- during their college journey and the importance of mental well-being.
2. **Stress Reduction:** Participants learned practical stress management techniques that they can apply in their daily lives to reduce stress.
 3. **Resilience Building:**
Students left the session with a greater sense of resilience and the ability to cope with challenges effectively.

Conclusion:

The psychological counseling session for first-year students was a valuable initiative that addressed the psychological well-being of students during their transition into college life. It underscored the commitment of our college to provide holistic support to students and create a stress-free and supportive campus environment.





ACTIVITY REPORT	
Event	Guest Lecture
Organized By	Anti-Ragging Committee
Session	2023
Activity	Lecture on Anti-Ragging
Coordinator	Dr. Kuldeep Singh
Report	<p>Introduction: St. Wilfred's College of Arts, Commerce and Science arranged a significant presentation on "Anti-Ragging" to educate students about the negative effects of ragging on campus. The purpose of the talk was to inform the students about the legal actions that can be taken to prevent ragging as well as the significance of keeping the campus free of ragging.</p> <p>Goals: The following were the main goals of the anti-ragging lecture:</p> <ol style="list-style-type: none">1. To give pupils a comprehensive understanding of the different types of ragging and what it entails.2. To educate students about the disciplinary and legal measures that can be used to individuals who engage in ragging.3. To highlight the university's dedication to upholding a polite and safe campus community. <p>Results: Following the "Anti-Ragging Awareness" presentation, the following happened:</p> <ol style="list-style-type: none">1. Raising Awareness: Pupils now have a better knowledge of what constitutes ragging and the grave repercussions that it can have on both of its offenders and victims.2. Empowerment: After learning about their rights and the steps involved in reporting ragging, attendees departed the presentation with a sense of empowerment.3. Commitment to Safety: Students expressed their dedication to the objective of preventing ragging on campus, and the lecture reaffirmed the institution's commitment to achieving this. <p>Conclusion:</p> <p>The lecture on "Anti-Ragging Awareness" was a crucial and informative event that equipped students with knowledge about the consequences of ragging and the legal actions that can be taken against it.</p>



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It emphasized the institution's commitment to maintaining a safe and respectful campus environment and empowering students to be vigilant against stragging.



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ACTIVITYREPORT	
Event	NukkadNatak
Session	2023
Organized By	Anti-RaggingCommittee
Activity	ImpactofRaggingonstudents
Coordinator	Dr. Anirudha Rishi
Report	<p>Introduction: In an effort to bring attention to the detrimental effects of ragging on students' mental health, the Anti-Ragging Committee of [St. Wilfred's College of Arts, Commerce, and Science] staged a powerful street drama, or Nukkad Natak. This innovative project sought to send a strong message about the negative effects of ragging and the value of creating a welcoming and supportive campus community. Students participating in the National Service Scheme (NSS) performed the Nukkad Natak.</p> <p>Goals: The following were the main goals of the Nukkad Natak:</p> <ol style="list-style-type: none">1. To inform the campus community about the damaging impacts of ragging on students' mental health and general wellbeing.2. To promote staff and student awareness and empathy for the experiences of ragging victims <p>Performance Content:</p> <ol style="list-style-type: none">1. Introduction: The Nukkad Natak grabbed the audience's attention right away with a compelling opening.2. Storyline: The play told the story of the lives of pupils who were bullied by their classmates. It brought attention to the victims' inner agony and distress.3. Effect on Mental Health: The Natak demonstrated the serious harm that ragging causes to students' mental and psychological wellbeing with moving speeches and poignant performances.4. Empathy and Support: In order to stop more harm, the Nukkad Natak stressed the value of empathy, support, and reporting instances of ragging.5. Resolution: The performance ended with a resolution that represented the college community's united effort to stop and deal with ragging. <p>Outcomes:</p>



The Nukkad Natak on the "Impact of Ragging on Student's Mental Health" resulted in the following outcomes:

1. **Awareness:** The audience gained a deeper understanding of the emotional and psychological trauma experienced by victims of ragging.
2. **Empathy:** The play fostered empathy among students and faculty members, encouraging them to stand up against ragging and support victims.

Conclusion:

The Nukkad Natak on the "Impact of Ragging on Student's Mental Health" was a powerful and moving initiative that effectively conveyed the message of the devastating consequences of ragging. It encouraged empathy, understanding, and a commitment to building a safe and compassionate campus environment.



**LIST OF GRIEVANCES RECEIVED (2022-2023)**

S.No.	Name of Students	Date/Year	Type of grievance	Action taken by Committee
1	GAIKWAD AMEYA BHARAT	16/08/2022	Regarding Fee Installment	Accepted
2	MISAL NIKITA PANDHARINATH	2/02/2023	Regarding nuisance	Matter seen
3	PATIL SAKSHI GIRIDHAR	27/12/2022	Regarding late fees	Allowed
4	VERMA JAYSUKH ANIL	13/10/22	Regarding nuisance	Matter seen
5	DOLARIA SALONI RITESH	28/11/22	Regarding Fee Installment	Allowed
6	JADHAV SAKSHI SANDEEP	20/10/2022	Regarding nuisance	Matter seen
7	BHOIR VIDHULA GANESH	11/01/2023	Regarding late fees	allowed
8	BHOSALE PIYUSH KUMAR, GUPTA SNEHA RAJU	12/07/2022	Projector classroom	Action taken
9	BHAGAT PUSHPAK NITIN, DHANRAJ YASH SHAM, GUPTA RAJA RAVINDRA, KADAM SIDDHANT ABIT	9/09/2022	Regarding Industrial visit	Action taken
10	BHALEKAR KOMAL MANOJ (MAYURI)	27/01/2023	For fee concession	Waved off
11	LAMTURE HEENA MUNNA (SHABINA)	31/01/2023	Application For late fees	Application accepted
12	PATIL POOJA JAGANNATH (ARCHANA)	16/03/2023	For late fees	accepted
13	KHAN ARFEENA TAHIR (RAMZANBI)	23/12/22	For fee concession	Waved off
14	SHIVANI ARJUN KADAM (MADHURA)	24/12/2022	For scholarship cheque	approved
15	PAWAR NIVEDITA MAHADEV (ANJANA)	30/09/2022	Application for swimming classes	Date extended

**LIST OF GRIEVANCES RECEIVED (2021-2022)**

S.NO	Name of Students	Date/Year	Type of grievance	Action taken by Committee
1	GHARAT TANVI KETAN , ALLIKATTI JAGDISH MALLIKARJUN	2021-2022	Extra Class for Business Finance	Resolved
2	JADHAV NIKARSH RAVINDRA	2021-2022	Competition Class	Written application taken
3	JAMADAR IFRA MEHBOOB	2021-2022	Related to Attendance	Leave Approved
4	KURANGALE MEHUL DEEPAK	2021-2022	Leave for JEE Main exam	Approved
5	MANIAR AKSHAY PRASHANT	2021-2022	Application related to change in class time	Extra class will be given
6	SHARMA AARON RAVI	2021-2022	For late fee	Exempted
7	SINGH ARPIT ASHOK	2021-2022	Application related to enrollment form	accepted
8	SINGH SAHIL DHARMENDRA SINGH	2021-2022	Regarding College Uniform	Time Given
9	SOLOMON FAUSTINA STANISLAUS	2021-2022	Application related to late fee	Waived off
10	TANWAR MANISHA RAMJI LAL	2021-2022	Application for or extension of Time limit for fee payment	Time given
11	VARDHAMANE ABHISHEK RAJU	2021-2022	Regarding Fee Installment	Allotted



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12	YADAV VISHAL SUBASH	2021-2022	Applicationr elatedtolatefe e	Waivedoff
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**LIST OF GRIEVANCES RECEIVED (2020-2021)**

S.No.	Name of Students	Date/Year	Type of grievance	Action taken by Committee
1	ATHAVALE SHRIYA PRASAD	2020-2021	Regarding Scholarship	Approved
2	BHOIR SHRADDHA MAHESH	2020-2021	Regarding Phy. chemistry class	Teacher had assigned
3	CHAOBAL ADVITA DILIP	2020-2021	Regarding E-Library	Books available online
4	CHAVAN KRUPESHA RAVINDRA	2020-2021	For online fee submission and concession in fee	Concession given and link shared
5	CHETRY KESHAB PREM	2020-2021	Regarding nuisance	Matter seen
6	GAIKWAD AISHWARYA SUBHASH	2020-2021	Regarding fee concession	Installment had increased.
7	GAWAND SHREYA KISHOR	2020-2021	Regarding fee concession	Installment had increased.
8	HUDAR MANSI AVINASH	2020-2021	Regarding fee concession	Installment had increased.
9	JHA HARSHA ASHOK	2020-2021	Regarding fee concession	Installment had increased.
10	KAMBLE YASHASHVI BHARAT	2020-2021	Regarding fee concession	Installment had increased.
11	PATEL NAMRAH JAVED	2020-2021	Regarding Scholarship	Approved
12	NAGARKAR PRACHI PUNDALIK	2020-2021	Regarding Phy. chemistry class	Teacher had assigned
13	JAMBHALE YUVRAJ RAJESH	2020-2021	Regarding fee concession	Installment had increased.
14	NAVDE PRASAD PRABHAKAR	2020-2021	Regarding fee concession	Installment had increased.



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15	PAWAR SHWETA HIRASING	2020-2021	For online feesubmission andconcessio n infee	Concessiongiv en andlinkshred
16	GHARAT VAISHNAVI RAJU	2020-2021	Regarding nuisance	Matterseen
17	KSHIRSAGAR SANAT ATUL	2020-2021	Regardingfe econcession	Installment hadincreased.
18	YADAV RAHUL TANAJI	2020-2021	Regarding nuisance	Matterseen
19	JOSHI MANSI HANUMAN	2020-2021	Regarding nuisance	Matterseen

Where the mind is without fear! where the head is held high!

**LIST OF GRIEVANCES RECEIVED (2019-2020)**

S.NO	Name of Students	Date/Year	Type of grievance	Action taken by Committee
1	CHOU DHARI CHANDRA KANT BALA	2019-2020	Regarding Fee	Time given
2	MISHRA UTKARSH SANJAY	2019-2020	For Infrastructure	Conveyed to the management
3	SOHANI SHATAKSHI VINAY , BHOSALE MANAS MANOJ , GURAV MANALI EKNATH , SHAH LOKESH JAGDISH	2019-2020	For computer Lab	Action taken Regarding Lab Classes
4	BARMARE SIDRA ISHAQUE	2019-2020	For Lab Facility	Problem resolved
5	DAWALE KUNAL RAJENDRA	2019-2020	For BCA faculty	Faculty changed
6	JADHAV SUNIL GANPAT	2019-2020	For Computer Lab	Problem resolved
7	MAHANA KRISHNA GAJENDRA	2019-2020	For late fee	Waived off
8	MUNOT SHRUTI PRAMOD , PAWAR KOMAL RAJU , RAWAT SUSHIL GIRDHAR	2019-2020	For infrastructure	Informed to Management and action had been taken.
9	BARIA PRARTHANA MOHAN	2019-2020	Regarding subject change	Approved
10	GANIGA MANISH JAYRAJ	2019-2020	For College facilities	Action taken
11	HIRVE SWAPNIL SUHAS	2019-2020	For computer Lab	Problem solved
12	KHAN TOSHIK SHABBIR	2019-2020	For College Facility	Informed to Management and action had been taken



LIST OF GRIEVANCES RECEIVED (2018-2019)

1	KHANDEKAR AISHWARYA ANIL (ANKITA)	2018-19	Application for New Books in Library	Books Provided
2	SATE AKSHATA GANESH (ARATI)	2018-19	Regarding Internal Scholarship	Approved
3	BAMNE KOMAL JAYSING (ASHA)	2018-19	Regarding Basic Infrastructure	Issues discussed and Condition Improved
4	KADAM SHRUSHTI AMOL (ANITA)	2018-19	Regarding Clean water tank.	R.O provided
5	NADAR JENNIFER JOHN (HEMA)	2018-19	For Library Facility	Informed to Management and action had been taken
6	PRIYESH PATIL (MANISHA)	2018-19	For College Facility	Informed to Management and action had been taken
7	SANGLE ALISHAH RIZWAN (NAJMA)	2018-19	Application for New Books in Library	Books Provided
8	PRABALKAR MANISH SUNIL (KUNDA)	2018-19	Application for Air conditioner	Action taken
9	NEHA SADANAND PATIL (SUNANDA)	2018-19	For late fee	Date extended
10	CHETTIYAR AJITH LAXMAN (LAXMI)	2018-19	Regarding Computer Lab	Resolved
11	NIKALJE AMAR RAVINDRA (RAVISHA)	2018-19	Regarding division of Class	Section Allotted
12	KAROTIYA ANJALI SATISH (JAYA)	2018-19	Application for Air conditioner	Action taken
13	KANCHAN SAROJ (RITA DEVI)	2018-19	Application	Action taken



for Air

Grievances Applications

To,

The principal,
St. Wilfred College of Art, Science & Commerce
Panvel

subject: - Application for duplicate marksheet

Respected Principal,

I hope this letter finds you in good health and spirits. I am writing to inform you about the unfortunate loss of my original marksheet. Recently realized that I have misplaced my original marksheet.

I understand the importance of the marksheet as an essential document for academic and professional purpose.

Therefore I kindly request your assistance in issuing a duplicate copy of my marksheet at your earliest convenience.

Thank you for your attention to this matter. I am looking forward to your prompt action in this regard.

Yours sincerely

Name:- DEVILAL S/O SONARAM

class:- B.A. IIIrd year.

Roll No.:-

Forwarded to Exa. Cell
Direct



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10,

The Principal,
St. Wilfred College of Arts, Science, and
Commerce

Subject: - Request for retest

Respected Sir/Madam,

With due respect and humble submission, I
am studying in your college. I am writing this letter
to request a retest for the Exam which I missed on
for the subject due to illness mention your vacation
I am attaching the medical certificate for your
reference.

I am hopeful that you will accept my request for
retest. I shall be greatly grateful to you and
I look forward for a positive reply.

Thank you,

Name - HIMANSHU S/O MEGH SINGH

Class - B.A. 4th year

Roll No -

Forwarded to Exam Cell
Dinelli



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To,

The Principal
St. Wilfred's College of Arts,
Science, Commerce, Panvel.

Subject:- Request for a speedy Reevaluation of
physics paper - IInd of IInd year.

Sir :- Respectfully I Beg to say That I am
student of your College in Science Dept.
in IInd year.

I have Zero Marks in physics IInd paper,
and I regret to inform you that My
Results have been way Below the average
passing in percentage. I Submit a photocopy
of my Result. and all Information for the
Reevaluation of My Result.

with My Best wishes.

Yours obediently

Name :- Vijay Singh / Sudhakar Singh
class :- B.Sc. IInd year

Forwarded to Examinell
Nindly



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To,

The Principal
St. Wilfred's College of Arts,
Science, Commerce, Parivel.

Subject:-

Request for a Speedy Re-totaling of
Marks in Biology paper in first year.

Sir, :-

Respectfully I Beg to say that I am student
of your college in Science department in 1st year
I have two marks in Biology Subject of Three
papers.

My Results have been way below the average passing
in percentage. So kindly ~~to~~ Re-Totaling of
marks in Biology papers.

With my Best Wishes;

Yours obediently,

Name :- Sunil Kumar S/o Megha Ram
class :- B.Sc. I year.

→ I Submit my photocopy of Results.
forwarded to Examiners
Directly



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To,

the principal,
St. Wilfred's College of Arts,
Science and Commerce,
Panvel.

Subject: - Request for ~~study~~ Retotaling in
My History paper.

Dear Sir, Respectfully I beg to say that
I am student of your college in Arts Dept
in IIIrd year.

I have Zero Marks in History. paper-
and I regret to inform you that my
Results have been way below the average
in percentage.

I submit a photo copy of my result.
plz Retotaling in my paper sincerely.

Yours obediently

Name :- Jai Singh S/o Vikram Singh.

Class -

Formed to exam cell. A. IIIrd year.

Dinall
2/11/2022